

# Manor Primary School

## PHSCE Year 4: What is bullying...and why does it matter?

### Overview of the Learning:

In this unit children will learn about their responsibility to respect other. They will think about and discuss the consequences of bullying individuals or groups and to empathise with victims. Children will explore the concept of taking responsibility for identifying, speaking out and putting a stop to bullying.

### Core Aims

Provide children with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

### Pupils should be taught

#### Health and Wellbeing

- How to maintain physical, mental and emotional health and wellbeing
- How to manage risks to physical and emotional health and wellbeing
- Ways of keeping physically and emotionally safe
- How to make informed choices about health and wellbeing and to recognise sources of help with this
- How to respond in an emergency
- To identify different influences on health and wellbeing

#### Relationships

- How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
- How to recognise and manage emotions within a range of relationships
- How to recognise risky or negative relationships including all forms of bullying and abuse
- How to respond to risky or negative relationships and ask for help
- How to respect equality and diversity in relationships.

#### Living in the wider world – Economic wellbeing and being a responsible citizen

- About respect for self and others and the importance of responsible behaviours and actions
- About rights and responsibilities as members of families, other groups and ultimately as citizens
- About different groups and communities
- To respect equality and to be a productive member of a diverse community

Manor Primary School



## Expectations

Children can:

- Give their opinions, and explain their views, on issues that affect themselves and society
- Recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals
- Recognise the different risks in different situations and then decide how to behave responsibly and judge what kind of physical contact is acceptable or unacceptable
- Know actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view
- Realise the nature and consequences of racism, teasing, bullying and aggressive behaviours, and how to respond to them and ask for help
- Recognise and challenge stereotypes
- Know where individuals, families and groups can get help and support.

## Manor Primary School PHSCE Year 4: Inspiring a Generation

### Overview of the Learning:

In this unit children will learn about their responsibility to respect other. They will think about people who have inspired others, people who provide positive role models to others through their thoughts and actions. The children will learn about Mo Farah and his journey from Somalia to the Olympics in 2012 and Nelson Mandela and his journey from Prison to president. The children will look at the Invictus Games, their origins and how people are inspired by through sport.

The children will be asked to reflect on the life journeys of many people and how they have inspired others, the children will be asked to consider – who inspires them

### Core Aims

Provide children with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

### Pupils should be taught

#### Health and Wellbeing

- How to maintain physical, mental and emotional health and wellbeing
- How to manage risks to physical and emotional health and wellbeing
- Ways of keeping physically and emotionally safe
- How to make informed choices about health and wellbeing and to recognise sources of help with this
- How to respond in an emergency
- To identify different influences on health and wellbeing

#### Relationships

Manor Primary School



- How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
  - How to recognise and manage emotions within a range of relationships
  - How to recognise risky or negative relationships including all forms of bullying and abuse
  - How to respond to risky or negative relationships and ask for help
  - How to respect equality and diversity in relationships.
- Living in the wider world – Economic wellbeing and being a responsible citizen**
- About respect for self and others and the importance of responsible behaviours and actions
  - About rights and responsibilities as members of families, other groups and ultimately as citizens
  - About different groups and communities
  - To respect equality and to be a productive member of a diverse community

### Expectations

Children can:

- Give their opinions, and explain their views, on issues that affect themselves and society
- talk and write about their opinions, and explain their views, on issues that affect themselves and society
- recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals
- reflect on spiritual, moral, social, and cultural issues, using imagination to understand other people's experiences
- recognise the global contributions of individual world citizens
- Know actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view
- Realise the nature and consequences of racism, bullying and aggressive behaviours, and how to respond to them and ask for help
- Recognise and challenge stereotypes

## Manor Primary School PHSCE Year 4: Global Citizenship

Overview of the Learning:

Manor Primary School



In this unit children are encouraged to think about their place in society, their rights and responsibilities and the people who help to protect them. They will consider their role within the school community and understand what it means to be a citizen and the responsibility this entails. They will extend this by looking at the local community in which they live and what rights and responsibilities they have as part of this. They will consider their rights and responsibilities as a citizen living in the UK and go onto looking at global issues. They will think about who helps them and who they help by looking in detail at people and organisations that work to protect children's rights starting from people who help in school, the local and wider community and on a national and international scale.

### Core Aims

Provide children with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

### Pupils should be taught

#### Health and Wellbeing

- How to maintain physical, mental and emotional health and wellbeing
- How to manage risks to physical and emotional health and wellbeing
- Ways of keeping physically and emotionally safe
- How to make informed choices about health and wellbeing and to recognise sources of help with this
- How to respond in an emergency
- To identify different influences on health and wellbeing

#### Relationships

- How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
- How to recognise and manage emotions within a range of relationships
- How to recognise risky or negative relationships including all forms of bullying and abuse
- How to respond to risky or negative relationships and ask for help
- How to respect equality and diversity in relationships.

#### Living in the wider world – Economic wellbeing and being a responsible citizen

- About respect for self and others and the importance of responsible behaviours and actions
- About rights and responsibilities as members of families, other groups and ultimately as citizens
- About different groups and communities
- To respect equality and to be a productive member of a diverse community

Manor Primary School



## Expectations

Children can:

- to recognise their worth as individuals and understand the role they can play as a global citizen
- to resolve differences, make decisions and explain choices
- to care about other people's feelings and try to see things from their point of view.
- Give their opinions, and explain their views, on issues that affect themselves and society
- recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals
- reflect on spiritual, moral, social, and cultural issues, using imagination to understand other people's experiences
- recognise the global contributions of individual world citizens
- Know actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view
- Realise the nature and consequences of racism, bullying and aggressive behaviours, and how to respond to them and ask for help
- Recognise and challenge stereotypes, showing a commitment to social justice and equality
- Show curiosity about the world; have empathy for others and show a sense of unity with individuals and those with and outside their borders
- Value diversity

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